**Suicide Hotline Numbers of all Counties in Oregon**

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| **BAKER COUNTY** New Directions Behavioral Health & Wellness |
| **General Access** | **Crisis Number** |
| 541.523.3646 | 541.519.7126 |
| 08:00 – 17:00 | After 17:00 |
|  |
| **BENTON COUNTY** Mental Health Program |
| **General Access** | **Crisis Number** |
| 541.766.6835 | 1.888.232.7192 |
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| **CLACKAMAS COUNTY** Mental Health Center |
| **General Access** | **Crisis Number** |
| 503.742.5335 | 503.655.8585 |

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| **CLATSOP COUNTY** Behavioral Healthcare |
| **General Access** | **Crisis Number** |
| 503.325.5722 | 503.325.5724 |
|  |
| **COLUMBIA COUNTY** Community Mental Health, INC. |
| **General Access** | **Crisis Number** |
| 503.397.5211 | 503.397.5211 or 1.866.866.1426 (after hours) Vernonia: 503.397.5211 |
|  |
| **COOS COUNTY** Mental Health Program |
| **General Access** | **Crisis Number** |
| 541.266.6700 | 541.266.6800 |
|  |
| **CROOK COUNTY** Best Care Treatment Services |
| **General Access** | **Crisis Number** |
| 541.323.5330 | 541.323.5330 |
|  |
| **CURRY** **COUNTY** Community Health |
| General Access | Crisis Number |
| Gold Beach: 541-373-8001Brookings: 541-813-2535Port Orford: 541-373-8085 | 1-877-519-9322 |
|  |
| **DESCHUTES COUNTY** Mental Health Services |
| **General Access** | **Crisis Number** |
| 541.322.7500 | 1.800.875.7364 |
|  |
| **DOUGLAS COUNTY** Compass Behavioral Health |
| **General Access** | **Crisis Number** |
| 541.440.3532 | 1.800.866.9780 |
|  |
| **GILLIAM COUNTY** Community Counseling Solutions |
| **General Access** | **Crisis Number** |
| Condon: 541-384-2666Arlington: 541-454-2223 | 911 |
|  |
| **GRANT COUNTY** Community Counseling Solutions |
| **General Access** | **Crisis Number** |
| 541.575.1466 | 911 |
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| **HARNEY COUNTY** Symmetry Care |
| General Access | Crisis Number |
| 541.573.8376 | 541.573.8376 |

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| **HOOD RIVER** **County** Mid-Columbia Center for Living |
| **General Access** | **Crisis Number** |
| 541.386.2620 | 1.888.877.9147 or 541.386.7534 |
|  |
| **JACKSON COUNTY** Health and Human Services |
| **General Access** | **Crisis Number** |
| 541.774.8201 | 541.774.8201 |
|  |
| **JEFFERSON COUNTY** Community Mental Health Program |
| **General Access & Crisis** |  |
| 541.475.6575 (24 hours!) |  |
|  |
| **JOSEPHINE COUNTY** Options for Southern Oregon |
| **General Access** | **Crisis Number** |
| 541-476-2373 | 541-474-5360 (24 hours) |
|  |
| **KLAMATH County** Basin Behavioral Health |
| General Access & Crisis Number |  |
| 541-883-1030 |  |
|  |
| **LAKE** **County** Mental Health Center |
| **General Access** | **Crisis Number** |
| 541-947-6021 | 541-947-6021 or 1-877-456-2293 |
|  |
| **LANE** **County** Health and Human Services |
| **General Access** | **Crisis Number** |
| 541-682-3608 | White Bird Clinic: 541-687-4000 (after hours) |
|  |
| **LINCOLN** **County** Mental Health Program |
| **General Access** | **Crisis Number** |
| Adults: 541-574-5960Children: 541-265-4179Lincoln City: 541-265-4196 | 1-888-232-7192 (24 hours) |
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| **LINN** **County** Mental Health |
| **General Access** | **Crisis Number** |
| 541-967-3866 | 541-967-3866 or 1-800-304-7468 (24 hours) |
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| **Malheur County** Lifeways, Inc. |
| **General Access & Crisis Number** |  |
| 541-889-9167 |  |
|  |
| **MARION** **County** Mental Health Services |
| **General Services** | **Crisis Number** |
| 503-588-5351Woodburn: 503-981-5851 | 503-585-4949 |
|  |
| **MORROW/WHEELER** **County** Community Counseling Solutions |
| **General Services** | **Crisis Number** |
| (Heppner) 541-676-9161(Boardman) 541-481-2911 | 911 |
|  |
| **MULTNOMAH** **County** Mental Health Services |
| **General Services** | **Crisis Number** |
| 503-988-5887 | 503-988-4888Toll-free at 1-800-716-9769 |
|  |
| **POLK** **County** Mental Health |
| **General Services** | **Crisis Number** |
| Dallas: 503-623-9289West Salem: 503-585-3012 | 503-623-9289 (days)503-581-5535 or 800-560-5833 (after hours) |
|  |
| **SHERMAN** **County** Mid-Columbia Center for Living |
| **General Access** | **Crisis Number** |
| 541-296-5452 | 1-888-877-9147541-296-5452 |
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| **TILLAMOOK** **County** Family Counseling Inc. |
| General Access | Crisis Number |
| 503-842-8201 | 503-842-8201 or 1-800-962-2851 |
|  |
| **UMATILLA** **County** Lifeways, Inc. |
| **General Access** | **Crisis Number** |
| Hermiston: 541-922-6226Milton-Freewater: 866-343-4473Pendleton: 541-276-6207 | Hermiston & Milton-Freewater: 1-866-343-4473Pendleton: 541-276-6207 |
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| **UNION** **County** Center for Human Development |
| **General Access & Crisis Number** |  |
| 541-962-8800 |  |

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| **WALLOWA** **County** Valley Center for Wellness |
| **General Access** | **Crisis Number** |
| 541-426-4524 | 541-398-1175 |
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| **WASCO** **County** Mid-Columbia Center for Living |
| **General Access** | **Crisis Number** |
| 541-296-5452 | 541-296-63071-888-877-9147 (after hours) |
|  |
| **WASHINGTON** **County** Mental Health |
| **General Access** | **Crisis Number** |
| 503-291-1155 | 503-291-9111 |
|  |
| **WHEELER/MORROW** **County** Community Counseling Solutions |
| **General Access** | **Crisis Number**  |
| 541-763-2746 | 911 |
|  |
| **YAMHILL** **County** Adult Mental Health and Family & Youth Mental Health Programs |
| **General Access** | **Crisis Number** |
| Adults: 503-434-7253Youth: 503-434-7462 | 1-844-842-8200 |